Healing Touch Program

Target Audience

Healing Touch is a nursing based continuing education program for registered nurses. physicians, body therapists, counselors, psycho-therapists, other health professionals, and individuals desiring an in-depth understanding and practice of healing work using energy based concepts.

Healing Touch Program™ Description

A course of study toward a certificate of completion in Healing Touch (HT) which incorporates a variety of basic to advanced healing modalities. The program is sequenced in 6 levels allowing participants to move from beginner to advanced practitioner, expert and instructor. Certification as a Healing Touch Practitioner and Instructor is available on application following completion of course work and additional requirements.

Level 1 Description

Level 1 begins with 16-18 continuing education contact hours of instruction, allowing persons with varying backgrounds to enter, acknowledge their previous learning and to further develop concepts and skills in energy-based therapy. A strong commitment to personal growth is required.

The participant will learn how to:

- Describe the human energy system relationship to physical, emotional, mental and spiritual health.
- Discuss energy principles basic to HT.
- Assess the energy field and energy centers.
- Identify a basic Healing Touch sequence.
- Demonstrate specific intervention techniques used in Healing Touch.
- Discuss applications of Healing Touch in personal and professional practice

16 Continuing Education Contact Hours

Level I Course Content

- Energy system concepts related to health
- · Basics of the energy system, energy field and energy centers
- Location and function of the chakras
- · Assessment of the energy field and energy centers
- Meditation for centering and maintaining energetic flow
- Principles and practice of Healing Touch
- Selected intervention techniques: Basic Healing Touch Sequence, Magnetic Passes, Magnetic Clearing, Chakra Connection (1 on 1, 2 on 1, self), Headache Techniques (tension, migraine, sinus), Ultra Sound, Laser, Chakra Spread, Scudder (Optional), Mind Clearing (Optional)
- Principles of self-healing
- Personal development as a healer
- · Legal and professional aspects of touch therapies

Workshop Information

Schedule: Saturday and Sunday

8:30 am - 6:00 pm

Location: 141 Martinwood Knoxville, TN

Meet your Instructor:

Brenda Rasch, PT, PC, HTCP/I, has a B.S. from Duke University and is a graduate of the Master of Science in Physical Therapy program at Boston University. In 2003 she received certification as a Healing Touch Practitioner and in 2011 Brenda completed the 3 year Embodied Life™ Program with Russell Delman in California. Brenda has a holistic physical therapy practice. working with individual clients, as well as teaching classes and workshops in the Feldenkrais Method, Just Sit Meditation, and Healing Touch; and leading Embodied Life Retreats.

Questions? Contact Brenda Rasch: 865.363.6416

> BrendaRaschPT@gmail.com www.BrendaRaschPT.com



Healing Touch Certificate Program **Healing Touch Program** 15439 Pebble Gate, San Antonio, TX 78232 (210) 497-5529 - Fax (210) 497-8532 E-Mail info@HealingTouchProgram.com Website www.HealingTouchProgram.com



Healing Touch Program is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's COA.



Healing Touch Program is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider (#150588-00).



Healing Touch Program is endorsed by the American Endorsed Program and Canidian Holistic Nurses Association.

The Healing Touch Program is an international, multi-level educational program in energy based medicine therapy. The Healing Touch Program curriculum progresses from beginning to advanced practice. As a prefessionally accredited program, the curriculum encompasses increasing levels of practice and techniques, standards of care, code of ethics and scope of praciice.

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Registration Form - Healing Touch Level 1 Knoxville, TN December 2018

Name:
Address:
City:
State: Zip:
Cell Phone:
Home Phone:
E-Mail:
RNLMTOther health professiona
Please check one of the following:
□ Early Bird by 6 weeks before - \$450* □ Regular Tuition - \$497 * □ HTPA or AHNA Member Tuition - \$447* □ Student - \$247 □ Repeat - \$247 * Includes Level 1 workbook - \$50 if purchased separately
Cancellation Policy: Registration fee can be applied to a future

Healing Touch class.

How Do I Sign Up?

To guarantee your place please mail the registration form along with your fee. Space is limited. Confirmation letter will be sent upon receipt of registration and fee.

Send checks payable to class coordinator: Brenda Rasch, PT, PC Holistic Physical Therapy 9157 Colchester Ridge Rd Knoxville, TN 37922

For online credit card payment: www.BrendaRaschPT.com/register



Brenda Rasch, PT, PC Holistic Physical Therapy 9157 Colchester Ridge Rd Knoxville, TN 37922



Level 1 Knoxville, TN December 1 & 2, 2018

Creating
Healing
Relationships
Through
Healing Jouch